

## Fact Sheet

# How to treat damp and mould

**A common cause of damp and mould in the home is condensation, this occurs when warm moisture in the air meets cold air or a cold surface.**

Everyday activities such as cooking, showering, bathing and drying clothes indoors can cause condensation. You can reduce condensation by ensuring you keep your home warm and well ventilated. To find further information on how to prevent damp and mould please watch the accompanying video to this fact sheet.

**To remove existing damp and mould you will need:**

- Specialist mould spray
- Cloth
- Gloves

### Steps

1. Wipe down the affected areas using mould spray which can be found in most DIY hardware stores and supermarkets.
- Do not use bleach or washing up liquid.

- Do not disturb mould by brushing or vacuuming as this can increase the problem.
- 2. Treat any mould you have in your home and follow the steps to reduce condensation, this will reduce any new mould growth.
- 3. Throw away any cloths used to clean the mould.
- 4. After treating the affected areas re-decorate using anti-fungicidal paint to stop mould re-occurring.

### For your safety remember to:

- Always use gloves when handling mould spray
- Use a mould spray that carries a health and safety executive approved number – make sure you follow the manufacturer's instructions.
- Dispose of cleaning cloths safely.

We hope this information was helpful. If you are still experiencing problems with damp and mould, then please contact your repairs service.

**You can also find a video to accompany this fact sheet at: [www.mearsgroup.co.uk](http://www.mearsgroup.co.uk)**

These videos and accompanying guidance notes are intended as a guide only and it is your responsibility to ensure you do not put your safety or the safety of others at risk. If you are in any doubt as to whether you can carry out a task safely then you should contact a professional for assistance. Mears Group Plc and its subsidiaries will not be liable for any injury, loss or damage caused, of any nature, as a result of the use of these guides.