

MEARS

Individual Risk Assessment Checklist for COVID-19 Pregnant or Other At-Risk Staff Groups as identified by the NHS

Please review and complete the following document together with your line manager.

Should you require further advice or guidance once complete contact your SHE Manager.

Name of Staff Member	
Job Title	
Branch/Scheme	
Line Manager	
Date	
Signature Line Manager	
Signature Staff Member	

Individual Health Assessment	Tick Answer		Notes
	Yes	No	
Does the individual continue to fall into any of the risk groups listed?			<p><u>Moderate Risk (clinically vulnerable)</u> In line with NHS guidance, people who are at moderate risk from coronavirus include those who:</p> <ul style="list-style-type: none"> • are 70 or older • have a lung condition that's not severe (such as asthma, COPD, emphysema or bronchitis) • have heart disease (such as heart failure) • have diabetes • have chronic kidney disease • have liver disease (such as hepatitis) • have a condition affecting the brain or nerves (such as Parkinson's disease, motor neurone disease, multiple sclerosis or cerebral palsy) • have a condition that means they have a high risk of getting infections • are taking medicine that can affect the immune system (such as low doses of steroids) • are very obese (a BMI of 40 or above) • are pregnant

			<p>High Risk</p> <p>Clinically extremely vulnerable include those who:</p> <ul style="list-style-type: none"> • have had an organ transplant • are having chemotherapy or antibody treatment for cancer, including immunotherapy • are having an intense course of radiotherapy (radical radiotherapy) for lung cancer • are having targeted cancer treatments that can affect the immune system (such as protein kinase inhibitors or PARP inhibitors) • have blood or bone marrow cancer (such as leukaemia, lymphoma or myeloma) • have had a bone marrow or stem cell transplant in the past 6 months, or are still taking immunosuppressant medicine • have been told by a doctor they have a severe lung condition (such as cystic fibrosis, severe asthma or severe COPD) • have a condition that means they have a very high risk of getting infections (such as SCID or sickle cell) • are taking medicine that makes them much more likely to get infections (such as high doses of steroids or immunosuppressant medicine) • have a serious heart condition and are pregnant
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There are other medical conditions which may represent an increased risk and as the Coronavirus Health advice is changing on a regular basis, please provide your line manager with sufficient information on which to base a risk assessment.

Occupational Exposure	Tick Answer		Notes
	Yes	No	
Does the individual's job role require them to be in close contact (less than 2 metres) with persons who may have COVID-19 or otherwise expose them to environments or circumstances where there is an increased risk of transmission?			

If the answer is “yes” to either one or both of the above questions, please complete a specific individual risk assessment. If the answer is “no” to both of the above questions, an individual risk assessment is not required but staff should follow general COVID-19 guidelines and control measures in particular:

Observe good hand hygiene, with frequent use of soap and water or alcohol-containing gel.

Use appropriate personal protective equipment where required.

Ensure social distancing is observed at all times.

Follow Covid 19 risk assessment in place within the Branch/Scheme.

Points to emphasise for all care workers:

Reiterate standard infection control advice and personal protective measures (including eye protection and face masks for aerosol generating procedures).

Ensure awareness of increased precautions and recommendations for service users diagnosed with or suspected of having COVID-19.

If an individual risk assessment is required, the following control measures may be implemented:

Exclude affected staff from working with persons or in environments where there are known or suspected COVID-19 cases.

Modifications of work practices and travel arrangements, to avoid exposure to persons diagnosed or suspected of having COVID-19.

Once checklist is complete, provide a copy to the individual and update the individuals' Workday record worker documents.

It is the manager's responsibility to keep this under review and close when no longer applicable. Should you be unsure as to the content or application of the form, please contact a member of the SHEQ team.